



124 West Washington Street  
Medina, Ohio 44256-2270

## Safe Sitter® Classes to Train Babysitters – Registration Form

Name: \_\_\_\_\_ Phone (best contact): \_\_\_\_\_

Home Address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

School District: \_\_\_\_\_ T-shirt size: \_\_\_\_\_ Email: \_\_\_\_\_

Class Date: **January 13, 2023**

**February 18, 2023**

**March 11, 2023**

Class Cost: \$75 T-shirt (optional): \$15 (\$18 for XXL)

Make checks payable to: ESC of Medina County.

Cash and credit card (Visa and MasterCard) are also accepted.

Return this registration form to: Keturah Zacharias, ESC of Medina County, 124 W. Washington St., Medina, OH 44256

### PARENT/GUARDIAN CONSENT FORM

The ESC of Medina County is providing this parental consent form to request permission for the name and/or photo/image of your child to be published on the ESC of Medina County website, newsletters, programs, local media articles, or features. Check one of the following choices:

( ) I GRANT permission for photo/image AND name ( ) I DO NOT GRANT permission

Student's Grade \_\_\_\_\_ Relation to Student \_\_\_\_\_

Name Parent/Guardian (*please print*) \_\_\_\_\_

Signature of Parent/Guardian \_\_\_\_\_

Date \_\_\_\_\_

**\*CPR is NOT included in the First Aid and Rescue Skills section.** If you are interested in having your child take an American Heart Association CPR course, please contact:

Alecia Highsmith at [ahighsmith@medinaesc.org](mailto:ahighsmith@medinaesc.org) or 330/723-6393, Ext. 104.



*Sponsored by*  
**ESC of Medina County**

**Winter 2023**

- Fun Activities**
- New Friends**
- Life-Saving Skills**



## Safe Sitter® Essentials Class

*Better sitters today.  
Better parents tomorrow.*

Instructors are nurses who have completed the Safe Sitter® Instructor Workshop. Classes are for girls and boys aged 11-14.

Updated curriculum includes:

- **SAFETY SKILLS**  
New information about online safety and personal safety will be presented.
- **CHILD CARE SKILLS**  
The Child Care Skills section includes the Safe Sitter® *Guide to Child Development* and *Guide to Child Care Duties*.
- **FIRST AID AND RESCUE SKILLS\***  
Participants will be prepared to handle emergencies—wherever or whenever those happen. This section includes the latest first aid and rescue skills guidelines from the American Academy of Pediatrics and the American Heart Association.
- **LIFE AND BUSINESS SKILLS**  
This section includes the ASAP method of screening jobs, and the importance of gathering the High Five information as well as discussing fees and greeting employers.

### T-Shirts

Safe Sitter® T-shirts (100% pre-shrunk cotton) can be purchased for an additional \$15 (XXL shirts are \$18). Include size with registration. T-shirts are available by pre-order or on the day of class.

Adult Sizes:

Small (6-8) / Medium (10-12) /  
Large (14-16) / XL (18-20) / XXL (22-24)

Additional Safe Sitter® items under \$10 will be available for purchase the day of class.

## Schedule

**DATE:** January 13, 2023  
**TIME:** 9 am to 2:30 pm  
**SITE:** Professional Building  
Lower-Level Conference Room  
124 W. Washington Street, Medina OH

**DATE:** February 18, 2023  
**TIME:** 9 am to 2:30 pm  
**SITE:** Professional Building  
Lower-Level Conference Room  
124 W. Washington Street, Medina OH

**DATE:** March 11, 2023  
**TIME:** 9 am to 2:30 pm  
**SITE:** Professional Building  
Lower-Level Conference Room  
124 W. Washington Street, Medina OH

- Registration deadline is **one week** before date of class.
- Please bring a brown bag lunch.
- The same curriculum is presented at each class.
- Each class must have a minimum of 5 students for class to be held.

Instructors are  
responsible for  
students only from  
9 a.m. to 2:30 p.m.

## Safe Sitter® Essentials Babysitting Training Class

**Class Cost:** \$75

**T-shirt:** \$15 (optional)

Price includes hands-on manikin practice, rescue skills, small-group interactive learning, role-playing, and games. Students will receive a Safe Sitter® handbook and course completion card.



### Ways to Register

#### Mail

Return attached form with check to:  
Keturah Zacharias  
ESC of Medina County  
124 West Washington Street  
Medina, OH 44256

#### Email

Scan and send attached form to:  
kzacharias@medinaesc.org.  
Then call Keturah Zacharias at  
330/723-6393, Ext. 102,  
with your credit card information.